

North Road Cycling Club Memorial Trophy 25

(North London Millennium Trophy Event 6 of 9)

Competing for the North Road Memorial Trophy, a perpetual Cup in memory of those Club members who fell in the wars of 1914-1918 and 1939-1945

Saturday 13th May 2023 at 11.00

Event organiser: Chris Glithero, 31 Woodlands Road, Hertford, SG13 7JE 07941649723

Headquarters: Guilden Morden Village Hall, Trap Road, Guilden Morden, SG8 0JE (near Ashwell)

Timekeepers – Gordon Hart (Icknield RC), Mike Bannister (Chronos RT)

Prizes

| | | |
|--|--------------------------|---------------------------------------|
| Winner £100 | Fastest Lady £100 | 1 st Veteran* £30 |
| 2 nd £50 | 2 nd Lady £50 | 1 st Vet on standard * £30 |
| 3 rd £30 | 3 rd Lady £30 | *Max one prize per rider |
| Winner beating event record of 51:19 £50 | | 1 st Espoir £30 |
| | | 1 st Juvenile £30 |
| Fastest lady beating event record of 58:44 £50 | | 1 st Road Bike £30 |

Welcome to our event. **Please take careful note of the following information and instructions:**

PARKING

We do not have use of the recreation ground for parking this year. Please park considerately in the Village Hall car park and along Trap Road. You can use a turbo trainer on the edge of the field.

ROAD SAFETY

There are some very poor road surfaces and potholes on the road between Guilden Morden and the junction with the A1198. These include the marshaled left turn at Guilden Morden, potholes in the road through and beyond Wendy and the marshaled junction with the A1198. All the hazards can be seen and avoided but you must **ride with care**. We will attempt to highlight the hazards with paint and signs. I will email more information before the event

New and recent regulations

- ALL competitors must wear a **HARD SHELL HELMET** that meets an internationally accepted safety standard
- **FRONT AND REAR LIGHTS**. ALL competitors must have affixed to the front of their machine a working white light and to the rear of their machine a working rear red light, both lights can be either flashing or constant, that are illuminated and in a position that is clearly visible to other road users.

- No lights – no ride. This is non-negotiable.
- You must **sign in and out**
- We'll announce the prize winners but **Prizes** will be paid by bank transfer.
- Don't ride if you do not feel 100%. There's still a lot of **Covid** about

Other regulations

- Take care through the villages and look out for other road users.
- Local regulation no. 1 – No U turns should be made in sight of the start or finish areas while riding on the public highway.
- Local Regulation No. 2 Competitors, their helpers and event officials must use the toilet facilities provided at event headquarters as required. Fields and hedgerows must NOT be used for toilet purposes. Failure to observe this regulation may result in disciplinary action against those concerned.
- Local regulation no. 3 – No cars, other than that of the timekeeper(s) and other event officials, are to be parked in the vicinity of the start or finish points
- We are pleased to welcome some riders who appear to be **new to time-trialing**. This link to the CTT website contains some useful guidance.
<https://www.cyclingtimetrials.org.uk/articles/view/9>

Course F4/12 – 25 miles

Directions to start (allow 10 minutes minimum):

Turn right out of Guilden Morden Village Hall and follow the road towards Wrestlingworth for a total of approximately 2 miles.

START on the Wrestlingworth-Guilden Morden road approx 540 yds south of Wrestlingworth x-rds and 460 yds north of Common Farm.

Proceed south to Guilden Morden where turn LEFT (M)1.95 miles (2nd circuit 13.73 miles) into New Road leading to Shingay cum Wendy and Wendy to T junction 6.34 miles (2nd circuit 18.12 miles) with A1198.

At junction bear LEFT (**GREAT CAUTION**) (M) to roundabout, where bear LEFT (M) onto B1042 to Tadlow and cross roads at Wrestlingworth where bear LEFT (M)11.48 miles (2nd circuit 23.26 miles) on unclassified road to Guilden Morden and pass start.

Repeat circuit and pass start again and in approx 1.5 miles to:

FINISH at south of farm entrance, 50 yds south of Water Hydrant sign and 72 yds north of Bend sign and 149 yds north of large 30 sign. GR277

BE SAFE AND HAVE A GOOD RIDE!